## RESTORATIVE SPACE FOR BLACK + BROWN WOMEN HOLDS GRAND OPENING IN MINNEAPOLIS

Arielle Grant is the Founder and Executive Director of Render Free, a social and communal wellness club for self-identified Black and Brown.



## FOR IMMEDIATE RELEASE

Minneapolis, MN - On Saturday, November 6th, Render Free invites the community to a grand opening event, Unveiling Render Free from 3:00 to 5:00 pm. This is a public grand opening event for Black + Brown women, their partners, allies, and friends. All are welcome! Masks will be required. RSVP to this event at renderfree.com/unveiling-event.

Render Free is a 100% Black woman-owned communal wellness club for Black and Brown women. Named after a pursuit to "make liberation", Render Free's purpose is to provide a safe space to belong, away from the predominantly white environments many women of color must navigate. One founding member expresses, "Render Free is a space for me. It allows me to be my entire self - I not only feel welcomed I feel celebrated! It has been a wonderful resource for my mental health." This new community resource offers a hybrid membership, community lounge, cafe, and co-working area for its members to gather, belong and heal.

Arielle Grant, the founder of Render Free, sought out a place to protect her from the battery of racial trauma. She found peace at Black-owned shops and restaurants, realizing that every Black and Brown woman needed a communal space to remind her of her worth amidst a world where it's called into question. "I hope to cultivate and bear witness to a community of Black and Brown women who are practicing the prioritization of their own wellbeing," says Grant.

Beyond Render Free's Founding Membership, they offer memberships as a corporate benefit, as companies realize the importance of wellbeing amongst their employees, and an Ally Membership for those interested in supporting the mission. To learn more, visit RenderFree.com or take a virtual tour of the space.

**About Render Free**: Render Free, a social and wellness club for self-identifying Black and Brown women, offers a lounge, workspace, community to belong in, and ongoing healing strategies featuring wellness practitioners of color. We seek to disrupt racial trauma to provide members the opportunity to get the rest, wellness, and freedom they deserve.



## Contact information:

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